



COWICHAN FIELD HOCKEY ASSOCIATION
REGISTRATION FORM
2009 - 2010 SEASON

Membership includes VILFHA membership, Cowichan Sportsplex member insurance and practices for the period of September 1st, 2009 to August 31st, 2010
(PRINT CLEARLY)

Name: _____ Birthdate: MM/DD/YY _____
Address: _____ City: _____ Postal Code: _____
Telephone Home: _____ Work: _____ Cell: _____
Player Email: _____

Parent Email: (if player under 19 years of age) _____

Emergency Contact: _____ Phone #: _____

Medical Alert information CFHA should be aware of: _____

Team division you are interested in playing (circle) 1st 2nd 3rd Position: _____

Skirt Size (circle) 28 30 32 34 36

Are you interested in a Team Captain position: Yes/No

Membership Choice (circle) Outdoor only: \$160 Outdoor/Indoor: \$220 Indoor only: \$130

Outdoor Pool: \$15 membership fee + \$10 per game (5 game limit includes practices, newsletters, etc.)

Associate Member: \$15 (Receives Newsletters/Executive Minutes)

FHBC & FHC Membership fee: Register and pay online at www.fieldhockeybc.com

FHBC Membership Number: _____

Are you interested in a Team Manager position: Yes/No

Outdoor Uniform Deposit: Post-dated cheque for \$100 dated April 30, 2010 payable to CFHA

Release and indemnity:

I, the applicant, on behalf of myself, members of my family, my heirs, executors, administrators and assigns, recognizing that field hockey can be a hazardous sport, hereby forever release, discharge and hold harmless CFHA representatives and agents for any injury, loss damage to person or property howsoever caused, arising out of or in connection with my taking part in the games and activities which I am hereby entering.

DATE: _____ SIGNATURE: _____

DATE: _____ SIGNATURE: _____

(Parent signature if under 19)



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*****Keep this page for your reference*****

Other:

- Registration forms will be date stamped and processed according to date received.
- Outdoor practices - Tuesday evenings 6-7:30pm - John Ferreira Field, Cowichan Sportsplex
- Indoor Practices - Thursday evenings 6-7:45pm - Island Savings Centre gym
- Practices are subject to change, if so, check your email, phone your team captain/manager or check the website www.cowichanfieldhockey.ca
- Outdoor players can attend indoor practices during winter months at no extra charge
- Any player who withdraws from the league and would like a rebate must send a request in writing to the executive where the request will be reviewed at an executive meeting

Player Responsibilities:

- Read Club Philosophy
- Call your team captain or team manager if unable to make a game
- Attend club practices/
- Arrive 30 minutes early to scheduled games

Team Captain:

- Coin toss at games
- Jerseys, first aid, subbing
- Team positions and substitutions if no team manager

Team Manager:

- Phones players
- Team Positions and substitutions

Remember:

1. Complete page 1 of this form
2. Cheque for CFHA league fees
3. Postdated Cheque for outdoor uniform deposit
4. Register online with FHBC (Outdoor, Indoor & Outdoor Pool Players) and write number down on form before mailing

Send Form & Cheques to: CFHA c/o 304-2710 Grosvenor Street, Victoria, BC V8T 3M9

Contacts:

Anne Smith, Secretary - anne_madelyn@shaw.ca
Cheryl McCreary, Treasurer - cmccreary@shaw.ca



COWICHAN FIELD HOCKEY ASSOCIATION *Club Philosophy*

Sportsmanship

We pride ourselves in being a very sportsmanlike and friendly club and make every effort to uphold these standards. In the event of unsportsmanlike conduct on the field, the team captain or the umpire has the right to advise an offending player to leave the field.

Commitment

It is important that every member understand that upon joining a team a personal commitment is expected regarding availability for all league games and for maintenance of personal fitness. In order that team spirit and team play be positive, consistency in team personnel is a must.

Umpiring

By VILFHA regulations, all teams must have at least two (2) designated umpires or umpires-in-training. These umpires may be scheduled to umpire some games throughout the season. All members are encouraged to attend local umpiring clinics in an attempt to improve their skill and ratings as umpires as well as their understanding of the game.

Uniforms

All active outdoor playing members will be issued a club skirt and a club shirt for their use during the season. Active playing members must purchase their own socks from the club for \$6.00/pair. Team captains will issue complete uniforms to spare players at the game site for use during that game only. Players are expected to be in full dress for each game (club skirt, club shirt, matching socks). Shirts must be tucked inside skirts, shorts must not be seen below the skirt length and socks must be worn as knee highs.

At the end of the season each player must return her uniform to her Team Captain. In the event of a lost or damaged skirt or shirt, the player's uniform deposit cheque for \$100 will be cashed to cover the cost of the replacement uniform.

If laundering of the skirt is necessary, please either wash by hand or on gentle cycle in lukewarm water in a washing machine. Hang to dry or partially dry on delicate cycle in a dryer. If pressing (ironing) is necessary, use a pressing cloth to avoid scorching. Club shirts may be laundered and dried according to the care label inside the shirt.